



# HORSETAIL

**Botanical Name:** Equisetum arvense

**Common Name:** Snake grass, puzzlegrass

**Medicinal part:** Aerial parts

**Description:** Equisetum is a "living fossil" as it is the only living genus of the entire class Equisetopsida, which for over one hundred million years was much more diverse and dominated the understory of late Paleozoic forests. Some Equisetopsida were large trees reaching to 30 meters tall. The genus Calamites of the family Calamitaceae, for example, is abundant in coal deposits from the Carboniferous period.



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