



## CARDAMOM

**Botanical Name:** *Elettaria cardamomum*

**Common Name:** *Amomum cardamomum*, *Elettaria cardamomum* var. *miniscula*, *Elettaria cardamomum* var. *minus*

**Medicinal part:** Seeds

**Description:** A Perennial, reed-like herb up to 4 metres high, with long, silky blade-shaped leaves. Its long sheathing stems bear small yellowish flowers with purple tips, followed by oblong red-brown seeds. Decorticated cardamom consists of husked dried seeds. The essential oil occurs in large parenchyma cells underlying the epidermis of the seeds coat.



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